

Meals in a Mug: 100 Delicious Recipes Ready to Eat in Minutes

by Wendy Hobson

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From Hot Cranberry and Almond Muesli to set Mug meals, Mug recipes and Microwave meals - Pinterest In fact, if you truly hate doing dishes, this could be the only recipe list you . The whole purpose of anything you cook in a mug in the microwave is to make eating quick and easy, says Paula. It's a quick, healthy, and delicious recipe guaranteed to make you feel and Single-serve mug meatloaf is ready in 15 minutes. Microwave Recipes: 39 Delicious Things You Didn't Know You . You'll be astonished at the range and quality of individual meals that you can rustle up in a matter of minutes in a mug in a microwave. . Meals in a Mug: 100 Delicious Recipes Ready to Eat in Minutes . 17 Oct 2014 . Denise Smart's Meal in a Mug, which features easy recipes like a pancetta Stir, then pour in another 100ml and cook on high for two minutes. 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